

ANNA'S DINNER IDEAS

- BBQ Chook & Salad (I.e. Waldorf Salad)
- Bliss Bowls with Tofu
- Burgers (I.e. Portobello Mushrooms & Salad)
- Chang Noodle Salad
- Chicken Salad Wraps
- Chicken & Pineapple Skewers & Vegetables (I.e. BBQ Onion, Mushroom, Cherry Tomatoes & Potato)
- Chorizo & Rocket Pasta
- Corned Beef & Vegetables (I.e. Mashed Potato & Steamed Peas, Corn, Carrot)
- Crumbed Fish & Vegetables (I.e. Roasted Brussels Sprouts, Broccoli, Cauliflower & Onion)
- Fish & Pasta Bake with Salad (I.e. Green Salad of Blanched Baby Asparagus, Broccolini & Sugar-Snap Peas)
- Fish Cakes & Vegetables (I.e. Stir-Fry Mix)
- Fried Rice/Fried Cauliflower Rice
- Honey Soy Chicken & Brown Basmati Rice
- Jamie Oliver's 20-minute fish
- Japanese Curry
- Corn, Salsa & Tuna Stuffed Sweet Potato
- Pea & Ham Soup
- Pizza (i.e. Artichoke & Pine Nut)
- Potato & Carrot Bake with Salad (I.e. Italian Salad)
- Potato Cakes & Vegetables (I.e. Roasted Eggplant, Zucchini & Capsicum)
- Pumpkin or Spinach Pasta or Gnocchi
- Pumpkin Soup
- Quinoa & Cashew Salad
- Rainbow Vermicelli Salad
- Rice Balls/Tuna Rice Balls & Salad (I.e. Broccoli, Avocado & Cashew Salad)
- Rissoles & Vegetables)
- Roast Meat & Vegetables (I.e. Potato, Pumpkin, Onion, Carrot)
- Roast Vegetables with Hummus & Sweet Chilli Sauce
- Rogan Josh
- Salmon with Potato & Salad (I.e. Garden Salad with Tahini & Miso Dressing)
- Spaghetti Bolognese
- Steak/Meat & Vegetables (Fried Leek & Steamed Frozen Vegetables)
- Stew
- Stir-fry
- Sweet Korean Lentils with Brown Basmati Rice & Spinach Leaves
- Sushi (I.e. Avocado & Tuna)
- Tacos/Mexican Mince
- Thai Curry
- Tofu Frittata with Coleslaw
- Vegan Lasagne with Broccoli on the Side
- Vegan-Patty Burgers with Salad
- Vegetable & Lentil Shepherd's Pie with Green Beans on the Side